

Town of Windsor Commission on Aging and Persons with Disabilities Regular Meeting March 5, 2019

# **OFFICIAL MINUTES**

**Commissioners Present:** Amy Silliman-Avedisian, Marsha Brown, Veronica DeBetham-Taylor, Donna Grossman, Estelle LaBarre, and Linda Rickard

Commissioners Excused: None

Commissioners Unexcused: None

Liaison Present: Absent

Also Present: None

Called to order at 7:05 PM by Chairperson Amy Silliman-Avedisian

## **Communication from Commissioners:**

Chairperson Silliman-Avedisian mentioned that she attended a program at the Windsor Senior Center, "Dizziness in the Aging Population" presented by Brian McLellan, certified physical therapist at Hartford HealthCare and that this organization could potentially assist and sponsor future educational programs.

**Communication from Liaison:** Chairperson Silliman-Avedisian reported on behalf of Liaison Joyce as well as distributed the newsletter for Senior Services and Social Services. She mentioned that flyers for the upcoming Slips, Trips & Falls program were distributed in the Senior Center and throughout town, through Social Services' Groceries to Go program, and posted on Social Media and WIN TV.

#### Communication from the Public: None

Approval of the Minutes from the February 5, 2019 meeting:

A motion to approve the minutes from the February 5, 2019 meeting, was made by Commissioner Grossman and seconded by Commissioner Brown. The motion passed 3/2/0.

# Old Business:

## Update on Windsor Housing Authority facility internet access

Commissioner LaBarre noted that Betsy Kenneson has resigned and that Randy McKinney has taken her place on the Windsor Housing Authority. Betsy Kenneson updated Randy McKinney on the laptop that Estelle LaBarre is willing to donate. A partnership with the Windsor High School was also discussed. Commissioner LaBarre will continue to follow up on this topic.

### Update on Reappointments

Commissioner DeBetham-Taylor is still in the process and is waiting to be interviewed. All other Commissioners are up-to-date.

## Focus: Fall Prevention/ Hazards: Slips, Trips, and Falls

Chairperson Silliman-Avedisian will touch base with Kathleen Richards who is presenting on the topic of indoor hazards of Slip, Trips & Falls. Lori Volkert will be presenting on the outdoor hazards.

# Follow-up to letter to Robert Jarvis/Department of Engineering by Commissioner Rickard

Commissioner Rickard spoke with Bob Jarvis. He did receive the letter from the COAPD, he will contact CT DOT and follow up with the Commission with any updates.

#### Follow-up to Chairperson substitute in case of his/her absence

Commissioner DeBetham-Taylor has agreed to chair the meetings if Chairperson Amy Silliman-Avedisian is ever absent.

# Templates for introduction of communication from public/guests and follow up questions following new business

Chairperson will explain that visitors can express opinions during Communications from the Public if they choose to do so as well as add any additional comments at the end of the meeting.

## **Review and complete Ethics Policy**

Commissioners signed form and discussed Code of Ethics.

## New Business:

# Elderly Housing update per Representative Brandon McGee by Commissioner Grossman

Commissioner Grossman attended the Windsor D.T.C. meeting and spoke with Brandon McGee, Housing Committee Chairperson. Commissioner Grossman requested that he attend a meeting. Commissioner Grossman will invite Mr. McGee to the next meeting and Commissioners will send questions to Chairperson Silliman-Avedisian.

# Increase in acquisition of Skilled Nursing Facilities by corporate entities: follow-up by Commissioner Brown

This topic has been tabled and will be added to the agenda for a future meeting.

## Motion to adjourn the meeting:

A motion to adjourn the meeting at 7:58pm was made by Chairperson Silliman-Avedisian and seconded by Commissioner Brown. The motion passed 6/0/0.

Respectfully Submitted, Minutes taken by Marsha Brown Minutes typed and submitted by Rebecca Joyce